

Grilled Buttered Lobster

Cuisine: Chinese
Food category: Fish



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Company: Retigo Asia



Program steps

Preheating: 265 °C

1

Combination

30 %

Termination by time

05:00 mm:ss

250 °C

+ 90 %

Ingredients - number of portions - 1

Name	Value	Unit
lobsters	350	g

Nutrition and allergens

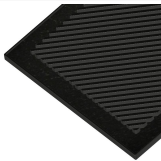
Allergens:
Minerals:
Vitamins:

Nutritional value of one portion	Value
Energy	290.5 kJ
Carbohydrate	1.9 g
Fat	3.5 g
Protein	59.5 g
Water	0 g

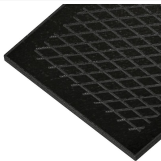
Directions

- *Boston lobster (half)
- ◇ Spice cream is made in advance
 - ◇ Before baking, the surface is coated with spiced butter, and it is cooked directly on a grill pan
 - ◇ There is no need to preheat the baking pan, and the baking effect can be directly achieved at 250°C
 - ◇ Spread spice cream before cooking and after baking to avoid surface dryness and increase flavor

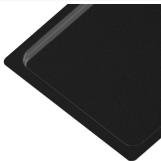
Recommended accessories



Vision Grill Diagonal



Vision Grill



Vision Bake



Vision Express Grill