

Cherry clafoutis

Cuisine: French

Food category: Desserts



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Program steps

Preheating: 180 °C

1 Hot air 100 % Termination by time 00:20 hh:mm 180 °C 100 %

Ingredients - number of portions - 4

Name	Value	Unit
fresh cherries	450	g
powdered sugar	10	g
fresh cherries	10	ml
butter soft	20	g
chicken eggs	2	pcs
powdered sugar	40	g
vanilla extract	1	g
plain wheat flour	10	g
milk 3.5%	50	lb
whipped cream 33%	75	g
salt	3	g

Nutrition and allergens

Allergens: 1, 3, 7

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn

Vitamins: A, B, C, Cholin, D, E, K, Kyselina listová

Nutritional value of one portion	Value
Energy	227.9 kJ
Carbohydrate	30.3 g
Fat	10.6 g
Protein	1.7 g
Water	0 g

Directions

Gently mix together the cherries, sugar and kirsch and leave to macerate for two hours. (The sugar will slowly permeate the cherries and intensify their flavour.)

Preheat the oven to 180C. Grease a GN container with butter and sprinkle with sugar. Shake the sugar around the GN so that it is evenly coated, then tip out any excess.

For the batter, heat the butter in a small pan until it turns a pale hazelnut colour – this is called a *beurre noisette*. Do not allow the butter to burn or it will become bitter and carcinogenic. Remove the pan from the heat and set aside in a warm place.

In a large bowl whisk together the eggs, sugar and vanilla until creamy.

Add the flour, whisk until smooth, then slowly incorporate the milk, cream, salt and *beurre noisette*.

Mix the macerated cherries and their juice into the batter and pour into the prepared baking dish.

Bake in the oven for 20 minutes, or until the top is slightly domed and the blade of a knife inserted in the middle comes out clean.

Recommended accessories



Enameled GN container